

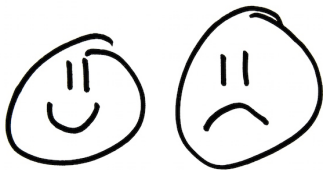
A Guided Examen for Children



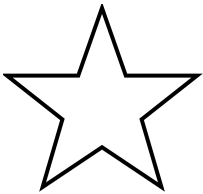
God loves me and wants to listen to me talk about my day, right now!



I tell God what I did today.



When was I the happiest?
When was I the saddest?



What did I like best about today?

I end with this prayer to God:
Thank you, God, for this day.
Bless tomorrow, this I pray.